

10K Run

May 17th 2009



Results Alphabetical

| Actual Position | Race No | Name | | Club | Time | | Did not Finish | Did not Run |
|-----------------|---------|--------------|--------------------|-------------------------|------|----|----------------|-------------|
| | | Surname | Forename / Initial | | min | s | | |
| | | 165 | 165 | | | | | |
| 41 | 260 | Acid | Rab | Siemans AC | 46 | 48 | | |
| 135 | 159 | Adams | Ann | Shelton Striders | 60 | 24 | | |
| 65 | 206 | Allen | John | | 48 | 46 | | |
| 111 | 220 | Allsop | Graham | Rolls Royce Harriers | 56 | 03 | | |
| 63 | 267 | Angold | Michael | | 48 | 42 | | |
| 148 | 201 | Annsley | Steven | Shelton Striders | 65 | 29 | | |
| 76 | 192 | Astle | Richard | | 50 | 50 | | |
| 16 | 222 | Astley | Geoff | MVH Tri club | 43 | 15 | | |
| 32 | 215 | Baker | Adam | | 45 | 07 | | |
| 54 | 271 | Ball | David | | 47 | 52 | | |
| 109 | 182 | Basson | Simon | | 55 | 40 | | |
| 46 | 258 | Beardmore | Andrew | | 47 | 15 | | |
| 14 | 268 | Bell | Ian | Shelton Striders | 42 | 44 | | |
| 18 | 209 | Bertram | Johnathan | | 43 | 22 | | |
| 61 | 255 | Bibby | Jack | | 48 | 24 | | |
| 27 | 188 | Bird | Jonathan | Shelton Striders | 44 | 57 | | |
| 114 | 262 | Borg | Theresa | Chesapeake Road Runners | 57 | 00 | | |
| 119 | 235 | Bostock | Chris | | 57 | 27 | | |
| 101 | 251 | Bown | Rachel | Chesapeake Road Runners | 54 | 09 | | |
| 86 | 158 | Bradbrook | David | | 51 | 38 | | |
| 22 | 181 | Broomhead | Simon | | 43 | 57 | | |
| 128 | 174 | Burn | Amy | | 58 | 32 | | |
| 37 | 202 | Burton | Shaun | Long Eaton FC | 46 | 23 | | |
| 70 | 269 | Burton | Nathan | | 49 | 06 | | |
| 133 | 141 | Capel | David | Rolls Royce Harriers | 59 | 47 | | |
| 89 | 228 | Chadwick | Gavin | Rolls Royce Harriers | 52 | 10 | | |
| 145 | 171 | Chapman | Lynne | Shelton Striders | 63 | 08 | | |
| 29 | 136 | Charlton | Catherine | Redhill Road Runners | 45 | 00 | | |
| 118 | 186 | Chiswell | Helen | | 57 | 18 | | |
| 144 | 210 | Clifford | Bthan | | 63 | 02 | | |
| 58 | 261 | Coope | John | Shepshed | 48 | 07 | | |
| 105 | 179 | Cordery | Louise | Shelton Striders | 54 | 59 | | |
| 92 | 238 | Cowley | Julie | Sinfin RC | 53 | 00 | | |
| 126 | 130 | Cowling | Margaret | Shelton Striders | 58 | 24 | | |
| 72 | 256 | Cresswell | Tom | | 49 | 24 | | |
| 91 | 257 | Cresswell | Phil | | 52 | 35 | | |
| 122 | 176 | Crockford | Kathy | Long Eaton | 57 | 50 | | |
| 142 | 177 | Crockford | Robert | Long Eaton | 61 | 59 | | |
| 39 | 175 | Dawson | Peter | | 46 | 29 | | |
| 17 | 240 | Delvin | Brendan | Shelton Striders | 43 | 17 | | |
| 49 | 250 | Dilkes | Kevin | | 47 | 34 | | |
| 152 | 252 | Dilkes | Malcolm | | 82 | 42 | | |
| 114 | 148 | Dilks | Lynn | Chesapeake Road Runners | 57 | 00 | | |
| 11 | 173 | Donald | Robert | Shelton Striders | 42 | 04 | | |
| 124 | 127 | Exton-Russel | Rebecca | Sinfin RC | 58 | 00 | | |

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|-----------------|---------|--------------|--------------------|-----------------------|------|----|----------------|-------------|
| | | Surname | Forename / Initial | | min | s | | |
| 31 | 234 | Fletcher | Gavin | Shelton Striders | 45 | 04 | | |
| 20 | 149 | Ford | Richard | | 43 | 51 | | |
| 99 | 185 | Ford | Stephen | | 54 | 04 | | |
| 110 | 221 | Ford | Lorna | | 55 | 46 | | |
| 50 | 283 | Fowler | Mick | | 47 | 36 | | |
| 51 | 280 | Gedge | Duncan | Long Eaton | 47 | 37 | | |
| 100 | 249 | Greenwood | David | | 54 | 08 | | |
| 127 | 204 | Guerrero | Melvin | | 58 | 26 | | |
| 60 | 281 | Guilford | Julie | | 48 | 19 | | |
| 38 | 147 | Hall | Carol | | 46 | 24 | | |
| 153 | 237 | Hall | Pauline | | 83 | 22 | | |
| 9 | 226 | Hancock | Neil | Shelton Striders | 41 | 05 | | |
| 113 | 272 | Harvey | Ashley | | 56 | 58 | | |
| 95 | 254 | Haselbach | Frank | Turbine blade runners | 53 | 26 | | |
| 68 | 219 | Henshaw | Mike | Erewash RC | 48 | 56 | | |
| 25 | 168 | Hill | Lizzie | Shelton Striders | 44 | 44 | | |
| 32 | 166 | Hobson | Roy | Shelton Striders | 45 | 07 | | |
| 3 | 264 | Howard | Christine | Matlock AC | 37 | 46 | | |
| 87 | 263 | Howarth | Sara | Canvix | 51 | 59 | | |
| 121 | 230 | Howe | Kim | Hatton Darts | 57 | 44 | | |
| 136 | 265 | Jackson | David | | 60 | 30 | | |
| 103 | 126 | Jervis | Gloria | Shelton Striders | 54 | 38 | | |
| 75 | 129 | Jesper | Andrew | | 50 | 41 | | |
| 149 | 137 | Jones | Samantha | | 66 | 50 | | |
| 149 | 138 | Jones | Dean | | 66 | 50 | | |
| 15 | 213 | Juffs | Charlie | | 43 | 09 | | |
| 45 | 207 | Kafferty | Martin | | 47 | 10 | | |
| 90 | 212 | Kataria | Yudvir | Sinfin RC | 52 | 15 | | |
| 10 | 227 | Keegan | Chris | | 41 | 32 | | |
| 42 | 128 | Keegan | David | Shelton Striders | 46 | 53 | | |
| 134 | 187 | Kirsopp | Graham | | 60 | 11 | | |
| 85 | 183 | Krieger-Ford | Silke | Shelton Striders | 51 | 36 | | |
| 55 | 225 | Lacey | Karen | | 47 | 56 | | |
| 92 | 123 | Lander | David | Sinfin RC | 53 | 00 | | |
| 74 | 140 | Leatherland | Gavin | | 50 | 13 | | |
| 34 | 145 | Lee | Andrew | Ashbourne | 45 | 20 | | |
| 66 | 144 | Lee | Lisa | Ashbourne | 48 | 47 | | |
| 132 | 231 | Lewis | Amanda | Shelton Striders | 59 | 31 | | |
| 112 | 165 | Ljubovejic | Angie | Shelton Striders | 56 | 20 | | |
| 137 | 178 | Lloyd | Lynda | | 60 | 43 | | |
| 151 | 142 | Long | Tom | Rolls Royce Harriers | 71 | 50 | | |
| 107 | 125 | Macrae | Nathaniel | | 55 | 11 | | |
| 83 | 244 | Magowan | Lorna | | 51 | 20 | | |
| 11 | 151 | Malia | Marvin | | 42 | 04 | | |
| 69 | 150 | Malia | Mick | | 49 | 02 | | |
| 55 | 224 | MaLoughlin | Alan | | 47 | 56 | | |
| | 152 | Marlee | Emma | Erewash | | | | DNR |
| 53 | 132 | Maxwell | Nick | | 47 | 43 | | |

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| | | Surname | Forename / Initial | | min | s | | |
| 87 | 275 | McBlane | Kate | | 51 | 59 | | |
| 30 | 277 | McCallam | Graeme | | 45 | 02 | | |
| 7 | 218 | Mee | Colin | SDRR | 40 | 04 | | |
| 141 | 211 | Melvin | Jennifer | | 61 | 46 | | |
| 59 | 189 | Mills | Mary | Holme Pierrepont RC | 48 | 18 | | |
| 116 | 253 | Mitchell | Karen | | 57 | 01 | | |
| 42 | 214 | Moore | Wayne | Shelton Striders | 46 | 53 | | |
| | 198 | Moss | Jane | Shelton Striders | | | | DNR |
| | 199 | Moss | Stephen | | | | | DNR |
| 84 | 278 | Muggleton | Julie | | 51 | 24 | | |
| | 157 | Murray | Michael | | | | | DNR |
| 153 | 205 | Muyand | Poly | | 83 | 22 | | |
| 124 | 217 | Newbold | Phillip | Sinfin RC | 58 | 00 | | |
| 6 | 239 | Newby | Alan | | 39 | 51 | | |
| 82 | 273 | Nutty | Steven | | 51 | 17 | | |
| 23 | 184 | O'Donnell | John | Beeston AC | 44 | 19 | | |
| 80 | 167 | Oliver | Steven | Shelton Striders | 51 | 08 | | |
| 108 | 194 | Patel | Nina | Shelton Striders | 55 | 34 | | |
| 104 | 242 | Peake | Yvonne | | 54 | 57 | | |
| 2 | 229 | Peoples | Thomas John | Tritalk Co UK | 37 | 34 | | |
| 57 | 135 | Phillips | Elizabeth | | 48 | 03 | | |
| 62 | 195 | Phillips | Nick | | 48 | 41 | | |
| | 285 | Phillips | Andrew | Redhill runners | | | DNF | |
| 131 | 191 | Pickard | Julie | | 59 | 16 | | |
| 67 | 143 | Pickering | Alison | Shelton Striders | 48 | 52 | | |
| 4 | 200 | Pope | John | CEEPO TFN triathlon | 38 | 40 | | |
| 1 | 124 | Price | Stephen | Uknetrunner | 34 | 46 | | |
| 36 | 279 | PyeFinch | Darren | | 45 | 46 | | |
| 78 | 180 | Rawson | Phil | Shelton Striders | 51 | 02 | | |
| 51 | 243 | Redding | Chris | | 47 | 37 | | |
| 79 | 190 | Reeson | Dennis | Redhill Road Runners | 51 | 04 | | |
| 98 | 248 | Richards | Michael | | 53 | 58 | | |
| | 164 | Robertson | Zoe | Shelton Striders | | | | DNR |
| 102 | 154 | Robey | Donald | Shelton Striders | 54 | 22 | | |
| 123 | 156 | Robins | Lindsay | | 57 | 52 | | |
| 138 | 247 | Roe | Maja | | 60 | 57 | | |
| 96 | 236 | Royer | Alan | | 53 | 34 | | |
| 24 | 196 | Scott | Caroline | Sinfin RC | 44 | 26 | | |
| 40 | 241 | Sharpe | Michael | Shelton Striders | 46 | 40 | | |
| 77 | 282 | Sharpe | Daz | | 50 | 54 | | |
| | 131 | Shaw | Cheryl | | | | | DNR |
| 130 | 193 | Shenton | Lorraine | Shelton Striders | 59 | 08 | | |
| | 160 | Simons | Andrew | Shelton Striders | | | | DNR |
| 21 | 245 | Smith | Gail | | 43 | 53 | | |
| 8 | 172 | Spencer | Richard | | 41 | 00 | | |
| 94 | 274 | Squires | Kate | | 53 | 05 | | |
| 64 | 170 | Starr | Nigel | Erewash Valley Running Club | 48 | 44 | | |
| 44 | 284 | Stephenson | Ian | | 46 | 55 | | |

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|-----------------|---------|-----------|--------------------|--------------------|------|----|----------------|-------------|
| | | Surname | Forename / Initial | | min | s | | |
| 35 | 232 | Stout | Helen | Erewash Valley RC | 45 | 33 | | |
| 146 | 276 | Stow | Teresa | | 64 | 38 | | |
| 13 | 216 | Thompson | Kenny | | 42 | 34 | | |
| 153 | 139 | Thompson | Gail | Shelton Striders | 83 | 22 | | |
| 5 | 286 | Thornton | David | Shelton Striders | 39 | 22 | | |
| 48 | 233 | Thornton | Heather | | 47 | 27 | | |
| 26 | 287 | Thornton | John | Shelton Striders | 44 | 52 | | |
| 147 | 155 | Tindall | Alison | | 65 | 06 | | |
| | 161 | Tite | Erica | Shelton Striders | | | | DNR |
| 106 | 146 | Topps | Vicky | Washlands Women | 55 | 02 | | |
| | 153 | Trembirth | Craig | Erewash | | | | DNR |
| 81 | 133 | Turner | John | | 51 | 10 | | |
| 129 | 134 | Turner | Alison | | 58 | 46 | | |
| 97 | 208 | Varney | Richard | | 53 | 37 | | |
| 19 | 203 | Walker | Ashley | Sheffs on Shardlow | 43 | 24 | | |
| 139 | 259 | Weaver | Gary | | 61 | 05 | | |
| 120 | 162 | Wells | Stephen | Shelton Striders | 57 | 42 | | |
| 143 | 266 | Whatling | Bis | | 62 | 14 | | |
| 47 | 169 | Whestley | Adrian | | 47 | 26 | | |
| 27 | 197 | Whitfield | Nigel | | 44 | 57 | | |
| 71 | 270 | Wilson | Lee | | 49 | 07 | | |
| 117 | 163 | Wynn | Alison | Shelton Striders | 57 | 02 | | |
| 73 | 223 | Young | Graham | Sinfin RC | 50 | 03 | | |
| 140 | 246 | Younger | Michelle | | 61 | 24 | | |