

10K Run

May 17th 2009



Results

Actual Position	Race No	Name	Club	Time		Did not Finish	Did not Run
				min	s		
		165					
1	124	Stephen Price	Uknetrunner	34	46		
2	229	Thomas John Peoples	Tritalk Co UK	37	34		
3	264	Christine Howard	Matlock AC	37	46		
4	200	John Pope	CEEPO TFN triathlon	38	40		
5	286	David Thornton	Shelton Striders	39	22		
6	239	Alan Newby		39	51		
7	218	Colin Mee	SDRR	40	04		
8	172	Richard Spencer		41	00		
9	226	Neil Hancock	Shelton Striders	41	05		
10	227	Chris Keegan		41	32		
= 11	151	Marvin Malia		42	04		
= 11	173	Robert Donald	Shelton Striders	42	04		
13	216	Kenny Thompson		42	34		
14	268	Ian Bell	Shelton Striders	42	44		
15	213	Charlie Juffs		43	09		
16	222	Geoff Astley	MVH Tri club	43	15		
17	240	Brendan Delvin	Shelton Striders	43	17		
18	209	Johnathan Bertram		43	22		
19	203	Ashley Walker	Sheffs on Shardlow	43	24		
20	149	Richard Ford		43	51		
21	245	Gail Smith		43	53		
22	181	Simon Broomhead		43	57		
23	184	John O'Donnell	Beeston AC	44	19		
24	196	Caroline Scott	Sinfin RC	44	26		
25	168	Lizzie Hill	Shelton Striders	44	44		
26	287	John Thornton	Shelton Striders	44	52		
27	188	Jonathan Bird	Shelton Striders	44	57		
27	197	Nigel Whitfield		44	57		
29	136	Catherine Charlton	Redhill Road Runners	45	00		
30	277	Graeme McCallam		45	02		
31	234	Gavin Fletcher	Shelton Striders	45	04		
32	166	Roy Hobson	Shelton Striders	45	07		
32	215	Adam Baker		45	07		
34	145	Andrew Lee	Ashbourne	45	20		
35	232	Helen Stout	Erewash Valley RC	45	33		
36	279	Darren PyeFinch		45	46		
37	202	Shaun Burton	Long Eaton FC	46	23		
38	147	Carol Hall		46	24		
39	175	Peter Dawson		46	29		
40	241	Michael Sharpe	Shelton Striders	46	40		
41	260	Rab Acid	Siemens AC	46	48		
42	128	David Keegan	Shelton Striders	46	53		
42	214	Wayne Moore	Shelton Striders	46	53		
44	284	Ian Stephenson		46	55		
45	207	Martin Kafferty		47	10		
46	258	Andrew Beardmore		47	15		

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47	169	Adrian Whestley		47	26		
48	233	Heather Thornton		47	27		
49	250	Kevin Dilkes		47	34		
50	283	Mick Fowler		47	36		
51	243	Chris Redding		47	37		
51	280	Duncan Gedge	Long Eaton	47	37		
53	132	Nick Maxwell		47	43		
54	271	David Ball		47	52		
55	224	Alan MaLoughlin		47	56		
55	225	Karen Lacey		47	56		
57	135	Elizabeth Phillips		48	03		
58	261	John Coope	Shepshed	48	07		
59	189	Mary Mills	Holme Pierrepont RC	48	18		
60	281	Julie Guilford		48	19		
61	255	Jack Bibby		48	24		
62	195	Nick Phillips		48	41		
63	267	Michael Angold		48	42		
64	170	Nigel Starr	Erewash Valley Running C	48	44		
65	206	John Allen		48	46		
66	144	Lisa Lee	Ashbourne	48	47		
67	143	Alison Pickering	Shelton Striders	48	52		
68	219	Mike Henshaw	Erewash RC	48	56		
69	150	Mick Malia		49	02		
70	269	Nathan Burton		49	06		
71	270	Lee Wilson		49	07		
72	256	Tom Cresswell		49	24		
73	223	Graham Young	Sinfin RC	50	03		
74	140	Gavin Leatherland		50	13		
75	129	Andrew Jesper		50	41		
76	192	Richard Astle		50	50		
77	282	Daz Sharpe		50	54		
78	180	Phil Rawson	Shelton Striders	51	02		
79	190	Dennis Reeson	Redhill Road Runners	51	04		
80	167	Steven Oliver	Shelton Striders	51	08		
81	133	John Turner		51	10		
82	273	Steven Nutty		51	17		
83	244	Lorna Magowan		51	20		
84	278	Julie Muggleton		51	24		
85	183	Silke Krieger-Ford	Shelton Striders	51	36		
86	158	David Bradbrook		51	38		
87	263	Sara Howarth	Canvix	51	59		
87	275	Kate McBlane		51	59		
89	228	Gavin Chadwick	Rolls Royce Harriers	52	10		
90	212	Yudvir Kataria	Sinfin RC	52	15		
91	257	Phil Cresswell		52	35		
92	123	David Lander	Sinfin RC	53	00		
92	238	Julie Cowley	Sinfin RC	53	00		
94	274	Kate Squires		53	05		

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				min	s		
95	254	Frank Haselbach	Turbine blade runners	53	26		
96	236	Alan Royer		53	34		
97	208	Richard Varney		53	37		
98	248	Michael Richards		53	58		
99	185	Stephen Ford		54	04		
100	249	David Greenwood		54	08		
101	251	Rachel Bown	Chesapeake Road Runner	54	09		
102	154	Donald Robey	Shelton Striders	54	22		
103	126	Gloria Jervis	Shelton Striders	54	38		
104	242	Yvonne Peake		54	57		
105	179	Louise Cordery	Shelton Striders	54	59		
106	146	Vicky Topps	Washlands Women	55	02		
107	125	Nathaniel Macrae		55	11		
108	194	Nina Patel	Shelton Striders	55	34		
109	182	Simon Basson		55	40		
110	221	Lorna Ford		55	46		
111	220	Graham Allsop	Rolls Royce Harriers	56	03		
112	165	Angie Ljubovejic	Shelton Striders	56	20		
113	272	Ashley Harvey		56	58		
114	148	Lynn Dilks	Chesapeake Road Runner	57	00		
114	262	Theresa Borg	Chesapeake Road Runner	57	00		
116	253	Karen Mitchell		57	01		
117	163	Alison Wynn	Shelton Striders	57	02		
118	186	Helen Chiswell		57	18		
119	235	Chris Bostock		57	27		
120	162	Stephen Wells	Shelton Striders	57	42		
121	230	Kim Howe	Hatton Darts	57	44		
122	176	Kathy Crockford	Long Eaton	57	50		
123	156	Lindsay Robins		57	52		
124	127	Rebecca Exton-Russel	Sinfin RC	58	00		
124	217	Phillip Newbold	Sinfin RC	58	00		
126	130	Margaret Cowling	Shelton Striders	58	24		
127	204	Melvin Guerrero		58	26		
128	174	Amy Burtn		58	32		
129	134	Alison Turner		58	46		
130	193	Lorraine Shenton	Shelton Striders	59	08		
131	191	Julie Pickard		59	16		
132	231	Amanda Lewis	Shelton Striders	59	31		
133	141	David Capel	Rolls Royce Harriers	59	47		
134	187	Graham Kirsopp		60	11		
135	159	Ann Adams	Shelton Striders	60	24		
136	265	David Jackson		60	30		
137	178	Lynda Lloyd		60	43		
138	247	Maja Roe		60	57		
139	259	Gary Weaver		61	05		
140	246	Michelle Younger		61	24		
141	211	Jennifer Melvin		61	46		
142	177	Robert Crockford	Long Eaton	61	59		

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				min	s		
143	266	Bis Whatling		62	14		
144	210	Bthan Clifford		63	02		
145	171	Lynne Chapman	Shelton Striders	63	08		
146	276	Teresa Stow		64	38		
147	155	Alison Tindall		65	06		
148	201	Steven Annsley	Shelton Striders	65	29		
149	137	Samantha Jones		66	50		
149	138	Dean Jones		66	50		
151	142	Tom Long	Rolls Royce Harriers	71	50		
152	252	Malcolm Dilkes		82	42		
153	139	Gail Thompson	Shelton Striders	83	22		
153	205	Poly Muyand		83	22		
153	237	Pauline Hall		83	22		
	131	Cheryl Shaw					DNR
	152	Emma Marlee	Erewash				DNR
	153	Craig Trembirth	Erewash				DNR
	157	Michael Murray					DNR
	160	Andrew Simons	Shelton Striders				DNR
	161	Erica Tite	Shelton Striders				DNR
	164	Zoe Robertson	Shelton Striders				DNR
	198	Jane Moss	Shelton Striders				DNR
	199	Stephen Moss					DNR
	285	Andrew Phillips	Redhill runners			DNF	